FULL SWING & BALL STRIKING SKILLS ASSESSMENT TRAINING PROGRAM

KNOW YOUR GAME AND WHERE YOU CAN TAKE IT

DETAILS

Client Consultation & Goal Setting Process
Equipment Specification & Evaluation
Titleist Performance Institute Functional Movement Screen
K-Vest Human Motion Learning System Swing Analysis
TrackMan 4 – Radar Launch Monitor Ball Striking Evaluation
Golf Swing Video Analysis

Full Swing & Ball Striking (SA) $200 + HST
Do you want to strike the golf ball better? Learn new ball striking skills and techniques, or, simply improve and advance your current skill level? If you do then it is essential to both evaluate and analyze the skills you already possess. We at the Salem Ridge Golf & Academy believe that the best way to help you is to test and assess your current ball striking skills and then formulate a plan to help you improve and achieve new levels of success.

The Salem Ridge Golf & Academy Full Swing & Ball Striking Skill Assessment (SA) will evaluate and analyze your current skill level, and, more importantly, illuminate the areas in most need of improvement. The data gathered and the information it provides will aid and guide our PGA of Canada Professional’s so they can best advise you on the next and best steps in skill enhancement.

**Skill Assessment (SA):**

- Client Consultation & Goal Setting Process
- Equipment Specification & Evaluation
- Titleist Performance Institute (TPI) Level 1 – Functional Movement Screen (FMS)
- K-Vest Human Motion Learning System Swing Analysis
  - Multiple Swing Analysis of Kinematic Swing Sequence
- TrackMan 4 – Radar Launch Monitor Ball Striking Evaluation
  - Multiple Club and Swing Testing and Dispersion Pattern Analysis
- Golf Swing Video Analysis

**Price:** $200.00 + Tax

**Note:**

The Full Swing & Ball Striking Skill Assessment (SA) takes up to two hours to complete and requires the golfer to bring their own golf clubs, comfortable golf attire, and athletic shoes and/or golf shoes. The SA is designed to gather relevant data regarding the golfer’s current skill level, so we may formulate or recommend the best plan for them to get better. Is the SA a test? Yes, it is a test! And, the answers it reveals provides the pathway to game improvement.